

LONG  
TIME,  
NO  
SEE?

**SETTING  
YOUR  
COMPASS.**

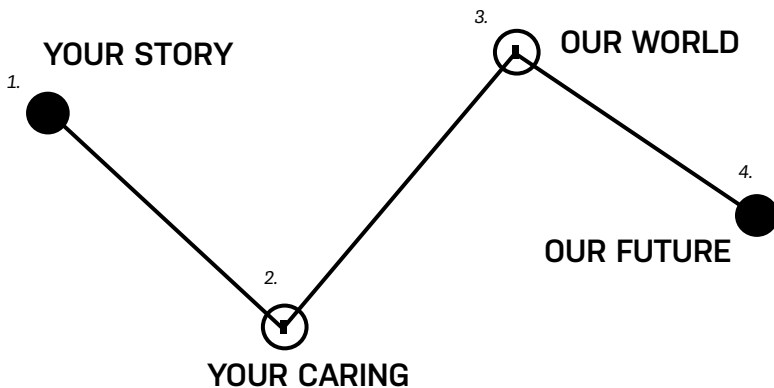


Because a journey is about going somewhere, it is imperative that a [traveller] maintain a sense of direction. This is difficult once one has lost sight of land behind, and has only the horizon ahead. A sun low in the sky may give us a sense of east or west, but at high noon we may easily be lost and change directions unknowingly. We are helpless without a reliable compass. Of course, we have to begin with knowing what direction we want to go in. Only then can we compare the direction we are going in!

-Don Ketterhagen, Sailor

# WELCOME

This booklet aims to prepare you for participating in and contributing to the *Long Time, No See?* Project. It does this by asking you to consider a handful of questions about the things you care about, what care and change mean to you, and the kind of world and future you envision. Feel free to use this booklet as a notebook, storybook and/or journal. You can respond to these questions and provocations in whatever way suits you – sketches, diagrams, mind maps, notes, images etc. This is your exploration.



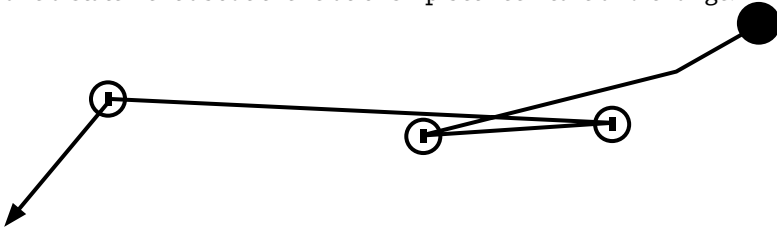
Prompts are included with each exercise. These prompts have emerged from discussion and workshops held in various communities and some are used in the online artwork for tagging your contributions.

The line of questioning continues into the guided walk where you are asked to reflect further and respond to several questions as you walk. When you start your walk, you will be asked to affirm your vision for the future and draw on some of your thinking. You can do this on your own or with others. It's about interrogating your mindset and focusing your thinking.

# 1. YOUR STORY

## INTENT

Make a statement about the relationship between care and change.



## EXERCISE

Respond to these questions:

1. Consider these questions - What needs to change? Think about use, retrofitting, adaptation, repair, removal, inclusion, necessity, re-use...
2. Why does this matter?

Notes and thoughts:

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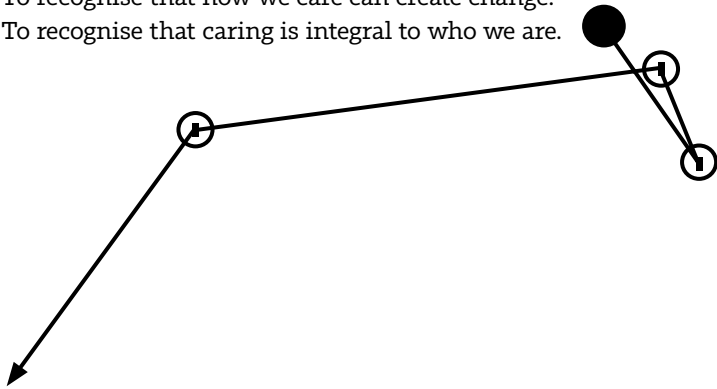
Prompts:

connection, better, inclusive, relationships, me, responsiveness, listening, earth, creatures, kindness, health, systems, communication, conversations, slow, diversity, resources, waste, responsibility, together

## IDEA: CARE

### INTENT

1. To provide a cue or opening to care about caring.
2. To recognise that how we care can create change.
3. To recognise that caring is integral to who we are.



The idea of CARE is integral to Long Time, No See? We mean CARE in a way that is a little different to everyday use. We don't necessarily mean it as compassion, concern or charity.

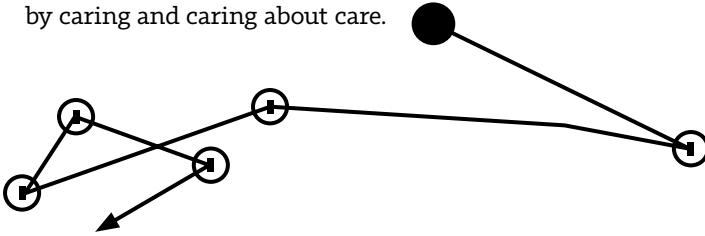
1. CARE is fundamental to who and what we are as human beings
2. Everything we do and say demonstrates something of our caring of and in the world, especially if we consider that our wellbeing is not only dependent on the wellbeing of others but also the wellbeing of the environments in which we live
3. In some ways this might be more aligned to our ideas of respect and integrity
4. This is fundamental for futuring – as we practice care more carefully, the we are developing practices of care-taking, making time and futuring

Design theorist Tony Fry provides the following statement as a way of summing this up: “in caring for the quality of air, soil and fresh water, we are equally caring for ourselves.” Contradictory and disjointed things seem to happen e.g. in food production and distribution, such as the proliferation of lifestyle diseases, the availability of junk food, the existence of food deserts etc. *There is a relationship between care, integrity and authenticity, where care is an ethical stance and taking care is an ethical act.*

## 2. YOUR CARING

### INTENT

Draw out our understandings about care and what we can achieve by caring and caring about care.



### EXERCISE

1. Reflect on the brief introduction to care on the previous page.
2. Identify some things you do or could do that are examples of care or caring about care. Think about your body, your home, your community, your place, your choices, your relationships, your use of resources etc.

Notes and thoughts:

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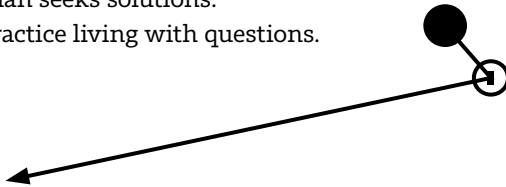
Prompts:

connection, better, inclusive, relationships, me, responsiveness, listening, earth, creatures, kindness, health, systems, communication, conversations, slow, diversity, resources, waste, responsibility, together

### 3. OUR WORLD

#### INTENT

1. Position yourself in relation to a current global issue.
2. Respond to an issue or issues in a way that articulates care rather than seeks solutions.
3. Practice living with questions.



#### EXERCISE

Scan the newspaper or other news source. Select a major environmental or social issue. This could be: natural disasters, ecological footprint, resilience, peak oil, urban development, carbon emissions, poverty, food security etc.

1. What does this issue mean to you and/or your place?
2. What gets in the way of your ability to respond to this issue?

Notes and thoughts:

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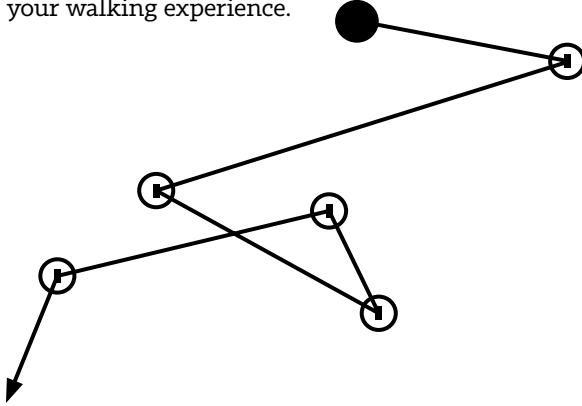
Prompts:

overwhelmed, external, forces, pressures, demands, responsibility, lack, fear, speed, change, disconnection, politics, history, expediency, serving, choice, contradictions, safety, fear, protection, disconnected, history, polarity, ethics

## 4. OUR FUTURE

### INTENT

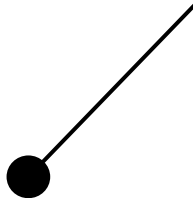
1. Articulate a personal aspiration or vision for the future.
2. Develop a personal story or picture that can frame or underpin your walking experience.



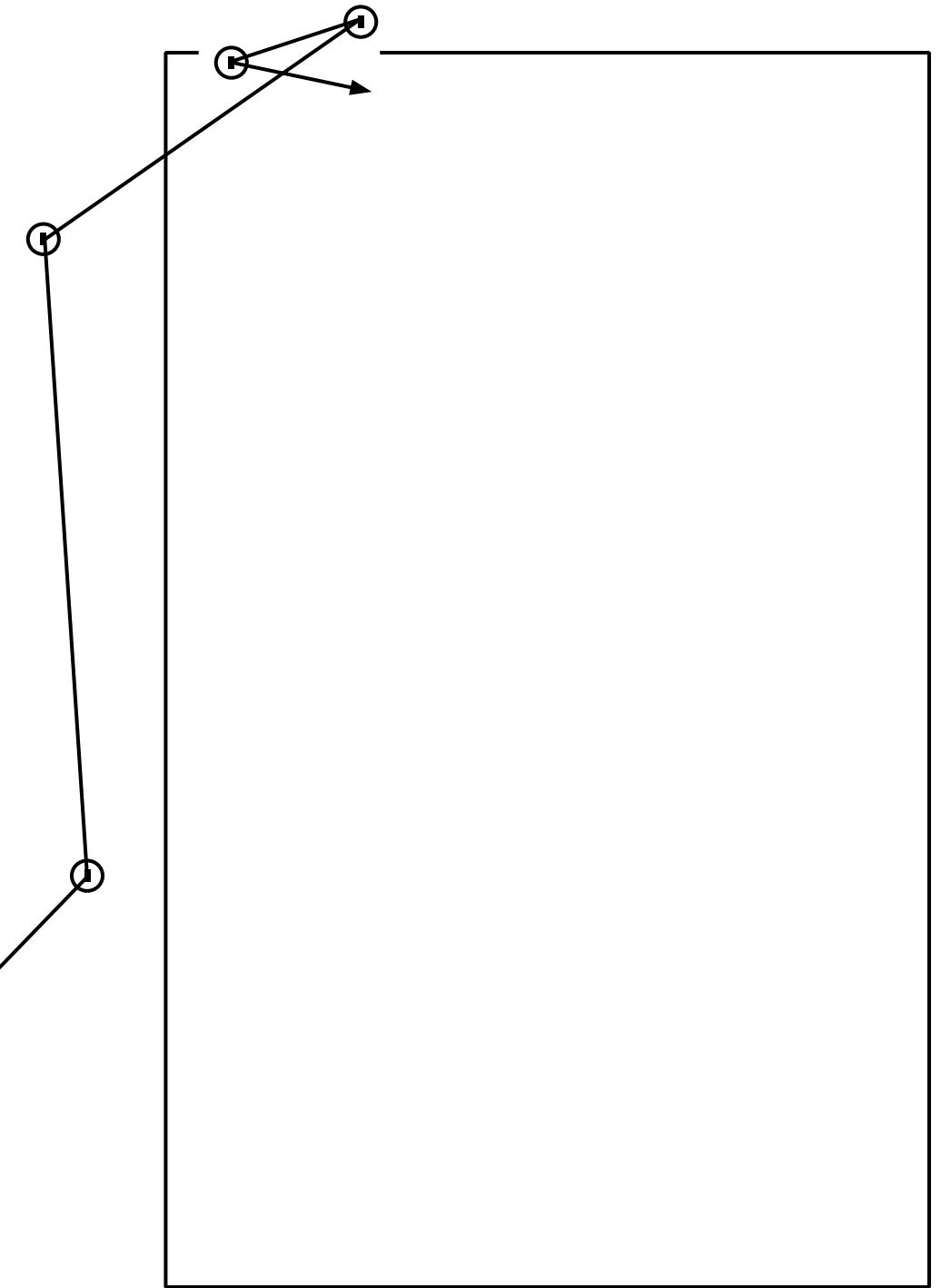
### EXERCISE

The challenge of this process is to develop a story that matters for a future with a future, what that story might be and how we might live that story or 'walk the talk'. Here you begin by outlining a story that can unfold during your walking. You are also welcome to share via the social networks. Remember, the future is not a destination – it is already with us in various guises and forms.

1. Read over your previous responses
2. Thinking about a word or phrase (idea, image etc) that summarises your vision or aspiration for a shared future and/or futuring.
3. Starting with your phrase or word and consider the following:  
What will you do about it?  
What change is required, if any, to make this real in some way?  
What is already available to make this vision or commitment real for you in some way?









# SCRIBBLES

## CREATIVE TEAM

Dr Keith Armstrong | *Artistic Director*  
Dr Gavin Sade | *Artist, Interaction Designer*  
Prof. Roger Dean | *Sound Artist, Scientist*  
Linda Carroli | *Writer, Urban Practitioner*  
Robert Henderson | *Designer*  
Petros Nyfantis | *Software Developer*  
Johnson Page | *Front-end Developer*  
Eric Lin | *Intern, Research Assistant*

## INFO

*The Long Time, No See?* project team respectfully acknowledges the past and present traditional owners of this land on which we are working, meeting, talking and walking.



(cc) 2013

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<http://www.long-time-no-see.org/community>

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